



Dear Friends,

August 19, 2009

On September 17th I will be traveling to Haiti with a team of 15 health care professionals to complete an annual humanitarian project with Healing Hands for Haiti. This is the tenth year for the project but the FIRST year a Chiropractor has been on the team. The focus of our trip this year is education. We have classes set up to teach local orphanage workers about basic health care, lectures with local nursing schools to teach assessment of acute spinal cord injury and a week long course to teach caregivers and parents about their children with hydrocephalus. We will also be working in our clinic where we will see a variety of children and adults with subluxations, brain and spinal cord injury, stroke, amputations, and a variety of congenital deformities requiring rehabilitation services. While the team has been collecting medical supplies over the last several months we are still in need of a few specific items.

Medicines (cannot be expired)

Antihypertensive & Diuretics
NSAIDs & OTC pain relievers
Seizure & anticonvulsants
Oral hyperglycemics
Antiemetic, Antacids, & anti-ulcer
Anti-yeast suppositories and cream
Broad Spectrum Antibiotics
Vitamins, prenatal & children's
OTC cold and allergies remedies

Supplies

Stethoscopes and b/p cuffs
Liquid hand sanitizer, exam glove
Hygiene kit items
Pediatric crutches & walkers
Used but usable car seats
Umbrella type children's strollers
Therapeutic/interactive toys
Cloth diapers, infant & **child size clothing**
School/study supplies – for nursing students

Donations for a portable chiropractic table to leave in Haiti

If you have any of these items or feel you could donate money to the team so that we can purchase needed items please contact me at drishetlin@aol.com or 801 867-9714. Your donation will help meet the objectives of Healing Hands which is to bring rehabilitation medicine, education and treatment to the disabled adults and children in Haiti.

You can learn more about Healing Hands for Haiti at www.healinghandsforhaiti.org

Healing hands for Haiti is a 501 (c) 3 non-profit organization and your donation may be tax deductible. Please check with your tax advisor.

Thank you for helping our hands be *Healing Hands for Haiti*.

Yours in Health,

Jay Shetlin, DC
Healing Hands for Haiti International Foundation Inc.
Team Doctor of Chiropractic
September 2009 Salt Lake City Team