

How Vaccines Can Damage Your Brain

Vaccines, Depression and Neurodegeneration After Age 50: Another Reason to Avoid the Recommended Vaccines.

By Russell L. Blaylock, M.D., CCN

It has been estimated that 14.8 million Americans suffer from major depressive disorder and of this number 6 million are elderly. If we include anxiety disorders, which commonly accompany depression, the number jumps to 40 million adults.



Depression later in life tends to last longer and be more severe than at younger ages. It is also associated with a high rate of suicide. Previously, it was thought that major depression was secondary to a deficiency in certain neurotransmitters in the brain, particularly the monoamines, which include serotonin, norepinephrine and dopamine.

While alterations in these important mood-related neurotransmitters is found with major depression, growing evidence indicates that the primary culprit is low-grade, chronic brain inflammation.

This exclusive article will review in detail the functions and impact of various agents on depression and neurodegeneration, including:

- The connections between pesticides and neurological disorders such as Alzheimer's and Parkinson's disease
 - The impact of MSG on your brain and mood
 - The link between elevated brain glutamate and inflammation
- How vaccinations cause brain inflammation
 - The impact of an expanding vaccine schedule for the elderly
- The shocking truth, linking brain inflammation to neurodegenerative diseases
 - How vaccine additives such as mercury and aluminum impact your brain health
 - The real danger of live virus vaccines

Current recommendations by the CDC for adult vaccinations include a total of 14 separate inoculations with infectious agents and powerful immune adjuvants.

According to CDC recommendations, multiple vaccinations for a single disease are separated by no more than 4 weeks, which is close enough together to trigger a smoldering process of brain inflammation and excitotoxicity that can not only result in depression, anxiety and high suicide rates, but can increase your risk of developing one of the neurodegenerative diseases as well.

We have also seen that in many cases a person will be injected with several vaccines during a single office visit and this means that their body is exposed to a very large dose of immune adjuvant. Compelling studies, using many animal species as well as humans, have shown that this overactivates brain inflammatory mechanisms that can last for years.

I urge you to read Dr. Blaylock's full-length article, [Vaccines, Depression and Neurodegeneration After Age 50: Another Reason to Avoid the Recommended Vaccines](#), a [Mercola.com](#) exclusive, for a fascinating in-depth look at how neurodegenerative diseases are created, and how to protect yourself from what many consider to be simply side effects of the ravages of time -- but are anything but a natural byproduct of aging.

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Dr. Mercola's Comments:

First, I'd like to thank Dr. Russell Blaylock for his highly informative article on this vital issue. He is one of my main contributing editors, and a valued colleague and friend. As a board-certified neurosurgeon who has written over 30 papers published in peer-reviewed scientific journals, Dr. Blaylock is an expert in the field of excitotoxicity. His papers on the connection between excitotoxicity and fluoride neurotoxicity, and autism and the Gulf War Syndrome have received praise from leading authorities in each of these areas of research.

I realize that [the issue of vaccination](#) is quite controversial and is one of the bedrocks of "prevention" in conventional medicine and that anyone who opposes them is viewed as a dangerous quack and threat to the public health. I understand this because this was precisely the view I had when I graduated medical school.

However, after more than two decades of practice, I encountered hundreds of vaccine casualties that spurred me to carefully review the evidence, and I came to a completely different conclusion.

Those at Greatest Risk are Getting the Most Vaccinations

Both infants and the elderly are high-risk groups when it comes to [the destructive impact vaccines](#) can have on their health. And yet, these are the two groups targeted with the most recommended vaccines – often being given multiple shots at a time.

I strongly encourage you to review the evidence before you expose yourself or your children to these potentially dangerous injections. I am convinced that their questionable benefits are far outweighed by their dangerous side effects.

As Dr. Blaylock explained in detail above, vaccinations are highly neurotoxic, and are

associated with many neurological disorders, such as:

Degenerative Brain Disorders	ADD	Autism
Epilepsy and convulsions	Mental Retardation	Depression and Anxiety
Central Nervous System Disorders	Paralysis	Guillain-Barre Syndrome
Nerve Deafness	Blindness	SIDS

For example, autism was virtually unheard of before vaccinations; its emergence precisely parallels mass vaccination programs. ADD and learning disorders in children are also now being traced to childhood vaccinations. Brain damage, at any age, is by far the most common adverse reaction associated with vaccinations, although their actual numbers are not often reported correctly.

Don't Trade the Flu for Dementia

Vaccines, ALL vaccines, are immune suppressing, meaning they lower your immune functions. The chemicals and [adjuvants in the vaccines](#) depress your immune system; the virus present depresses immune function, and the foreign DNA/RNA from animal tissues depresses immunity -- that is the trade-off you are risking.

The medical thought is that it's okay to trade a small overall immune depression for immunity to one disease. However, this trade is not at all in your favor when you consider the fact that you're trading a TOTAL immune system depression, which is your main defense against ALL known disease -- including millions of pathogens, for a temporary immunity against just one disease. And that's optimistic; many vaccines simply do not work and offer no immunity whatsoever.

There are alternate and vastly safer methods of protecting yourself and your children against disease, and it all begins with a truly healthy diet, as [outlined in my eating plan](#).

Of course, [drug manufacturers](#) and [the governments they have purchased](#) don't want you to believe that the foods you consume, and the lifestyle habits you adopt are the PRIMARY SOLUTIONS to establishing immunity to diseases and living longer.

[Avoiding vaccinations](#) of all kinds tends to look like the better choice the more you know about the subject, and doing your research could literally mean the difference between life and death.

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